

DATE

ICCB Approved Total Program Hours: 32 Semester Hours

4/13/2015

The following suggested schedule is based on full-time enrollment. Students planning to transfer to a senior institution should check with that institution for specific transfer requirements.

Courses that are approved for the AA/AS degrees are **bolded**.

Mode of Delivery:
 T = Traditional classroom
 W = Online
 Q = Blended

Program Prerequisites:

First Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
HPR 101	Fitness Center	1	T	none	FL, SP, SM	
HPR202	Wellness Concepts	3	T	none	FL, SP	
HPR 207	First Aid	2	T	none	FL, SP, SM	
KIN 160	Group Exercise Instruction	2	T	none	FL, SP	
BIO 125	Human Biology	4	T	COMPASS placement into ENG 101 or minimum grade "C" in one of the following: ENG 021 and ENG 099, or the EAP course sequence ENG 079 and ENG 089, or ENG 096; and COMPASS placement into MATH 098 or higher or minimum grade of "C" in MATH 094.	FL, SP, SM	
Total Semester Hours:		12				

Second Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
HPR 208	Athletic Training	3	T	none	FL, SP	
KIN 201	Intro to Exercise Science	3	T	HPR 202 recommended	FL, SP	
KIIN 170	Resistance Training	2	T	none	FL, SP	
KIN 215	Nutrition	3	T	none	FL, SP	
Total Semester Hours:		11				

Third Semester						
Course	Title	Credit Hours	Mode of Delivery	Pre Requisites	Term(s) Offered	Notes
KIN 220	Fitness Assessment	3	T	KIN 201	FL, SP	
KIN 221	Fitness Management	3	T	none	FL, SP	
KIN 238	Internship	2		Consent of Instructor	FL, SP, SM	
KIN 239	Seminar	1	T	Consent of Instructor	FL, SP, SM	
Total Semester Hours:		9				

Graduation Requirements

To be awarded an Associate degree at Joliet Junior College, each student must meet the following requirements:

1. Satisfy all admission requirements.
2. Complete the courses required to earn the chosen degree. If the student is a transfer student with coursework taken elsewhere, he/she must complete a minimum of 60 credit hours of which the last 15 credit hours applicable to the degree are earned at Joliet Junior College. If the student has not taken the last 15 hours at JJC, then a total of 30 credit hours applicable to the degree must be earned at Joliet Junior college. Proficiency test, CLEP and Advanced Placement do not meet this requirement.
3. Earn a cumulative grade point average of at least 2.0.
4. Discharge all financial obligations to the college; have no restrictions.
5. File an application for graduation (An application should be filed at the time of registration for student's anticipated last semester).
6. Have on file in the Graduation office by the graduation filing date all transcripts from other colleges/universities that are to be evaluated for credit, to be applied toward a degree. A delay in the process may result in a later graduation date.

For more information

Counseling & Advising
 Main Campus room A-1155
 815-280-2673

Department Chairperson
 Patrick Mills
 815-280-6702

Program Coordinator
 Nancy DeRoss/David Opon
ndeross@jic.edu
dopon@jic.edu